

# Kindness Bingo

**SAY 3  
POSITIVE  
THINGS  
ABOUT  
YOURSELF**

**MAKE A CARE  
PACKAGE  
FOR  
SOMEONE**

**DONATE  
CLOTHES**

**CLEAN UP  
IN THE  
COMMUNITY**

**USE A  
REUSABLE  
WATERBOTTLE**

**SMILE  
AT  
SOMEONE**

**MAKE A  
HOMEMADE  
CARD FOR  
SOMEONE**

**SUPPORT A  
LOCAL  
BUSINESS**

**LET SOMEONE  
MERGE WHILE  
IN TRAFFIC**

**LEND YOUR  
FAVOURITE  
BOOK TO  
SOMEONE**

**LEAVE A  
KIND MESSAGE  
FOR  
SOMEONE**

**SEND A KIND  
TEXT**

**FREE  
SPACE**

**BE AN ACTIVE  
LISTENER**

**TEACH  
KINDNESS  
TO OTHERS**

**BE KIND  
TO PEOPLE  
IN THE  
SERVICE  
INDUSTRY**

**DONATE  
FOOD**

**BUY  
SECOND-HAND**

**SPEND TIME  
IN NATURE**

**COOK A  
MEAL  
FOR  
SOMEONE**

**SEND AN  
ENCOURAGING  
EMAIL TO  
COLLEAGUE**

**LEAVE A TIP**

**GIVE A  
COMPLIMENT**

**LEAVE  
POSITIVE  
COMMENTS  
ONLINE**

**HOLD THE  
DOOR  
FOR SOMEONE**

To be able to announce Bingo!, you must have completed 5 in a row either vertically, diagonally or horizontally. Remember you do not have to stop completing acts of kindness after completing 5.

If you have called Bingo! Enter the draw for a chance to win a movie night for you and one other! Submit your Bingo! activity either in the indicated drop box at the information desk in the Building A atrium at the Thornton Road location or in the drop box at the information desk on the ground floor at the ALC building at the Simcoe Street location.