THE COLLEGES AT TRENT

Housed in world-class architecture and known for their memorable mascots and time-honoured traditions, the colleges of Trent are at the core of the Trent student experience whether you are living on or off campus.

Your college is a place of support and community throughout your time at Trent (and beyond). Be sure to connect with academic advising and academic skills for support with your studies, and get involved in inter-collegiate events. You won't want to miss college weekends, inter-college competitions, formal dinners, and much more! trentu.ca/colleges

Student Wellness Centre

Health Services is a team of caring, dedicated. multi-disciplinary professionals with expertise in areas including physical health, wellness, counselling, and accessibility.

TRENT INTERNATIONAL

Trent International provides supports and services for all international students and fosters international opportunities – like studying abroad - for domestic students

Immigration • Academic Advising • Health Insurance Administration (UHIP) • Study Abroad • Transition Support • ESL • Orientation

trentu.ca/international

TRENT CARD, BUS PASS & DINING PLAN



Your TrentU card serves as your official university ID. Load funds onto your card to use at all campus food retailers, as well as the Campus Store, college offices and off-campus vendors. Full time undergraduate students will have a bus pass emailed to your Trent email, which you can use to get around the Peterborough community.

trentu.ca/trentucard trentu.ca/trentucard/transit-passes

Peterborough Regional Health Centre

1 Hospital Drive Peterborough, ON Canada 705-743-2121, info@prhc.on.ca Looking for a walk-in or alternate clinic? Visit trentu.ca/wellness/health/alternate-clinics

Peterborough Police Services

Promoting the safety of citizens and the protection of property through an appropriate balance of law enforcement, problem solving and crime-prevention initiatives. Emergency: 911 Non-Emergency: 705-876-1122

Fire Services

Fire and emergency response Emergency: 911 Main Line: 705-745-3283 Fire Prevention: 705-745-3284

Peterborough EMS Paramedics Service

Peterborough County-City Paramedics provides emergency medical care. Emergency: 911

Non-Emergency: 705-743-5263

RESOURCES ON CAMPUS

- Campus Safety: security@trentu.ca General: 705-748-1328 Emergency: 705-748-1333
- Trent University Emergency First Response Team (TUEFRT): 705-748-1333
- **Walkhome:** 705-748-1748 or 705-931-0032 (text)
- Download the TrentU Safety App Emergency alerts and notifications, one-touch access to emergency services, Friend walk, Social escape, Interactive campus map, Resources

trentu.ca/safetyapp

EMERGENCY RESOURCES

The Trent Student Housing team is here to support all off-campus students. Contact us anytime.

Trent Student Housing Office Symons Campus Blackburn Hall Suite 129 705-748-1097

Monday to Friday 9:00 a.m. - 4:00 p.m.

offcampushousing@trentu.ca



WELCOME TO THE NEIGHBOURHOOD Living & Learning in Peterborough

Resources and supports for off-campus students









YOUR COMMUNITY RESOURCES

Trent University students living off campus are important members of their neighbourhoods and of the wider community. This guide offers resources and advice to help you make the transition to independent living.

LIVING IN THE CITY OF PETERBOROUGH

Called Nogojiwanong in Anishnaabemowin, Peterborough is a growing city with small town values and big city amenities. Learn about being a positive influence in this community, and the various services and attractions outside your front door.

BE A GOOD NEIGHBOUR

Being a good neighbour begins with giving those who live around you the same care and respect you expect from them.

- Introduce yourself to your neighbours and let them know who you are.
- Remember your neighbours may be senior citizens, or have small children. Avoid loud noises and loud music in the early morning and late evening hours.
- Take care of your outdoors spaces, ensure debris is removed and your space is maintained.
- Respect each others space
- Ask guests to park in spaces that do not obstruct traffic or access to other driveways.
- Get involved and consider volunteering with a community organization you are passionate about.

RENTING IN ONTARIO

As a tenant it is important for you to know your rights and responsibilities.

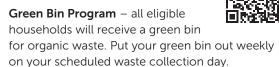
ontario.ca/laws/statute/06r17/v46

If you are unclear what these rights and responsibilities are reach out to the Peterborough Community Legal Centre for free legal advice.

www.ptbo-clc.org

WASTE MANAGEMENT

Things you need to know about keeping our community clean and safe:



Recycling Collection – recycling is picked up weekly on your scheduled waste collection day. Ensure recycling is sorted appropriately.

Garbage Collection – garbage must be in clear bags when placed at the curb. Up to four bags per household will be collected every-other week on your waste collection day.



HOUSING RESOURCE CENTRE

Provides housing support to the community. Housing Mediation – Conflict Resolution – Housing Counselor

ccrc-ptbo.com/housing-resource-centre

LIVING OFF CAMPUS

Party with Care

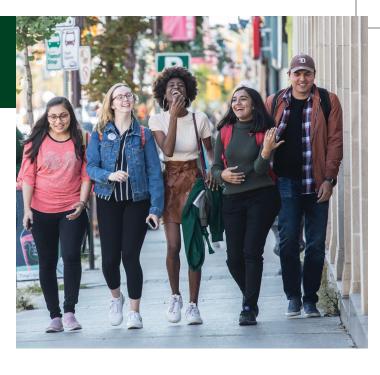
Knowing how to care for yourself and those around you while partying helps ensure everyone can enjoy themselves safely. Here are some strategies to try:

- Be respectful of neighbours, employees and safety officials.
- Use common sense avoid excessive noise, mischief or intoxication charges.
- Arrive as a group, leave as a group and plan ahead for a safe ride home.
- Check in with your friends and watch for signs of intoxication.
- When experimenting with new substances, start low and slow and ensure someone you trust is nearby.
- Consider a drug testing kit if you choose to use substances
- If a party is getting out of hand, or someone needs help, call 911.

Staying Safe

It's important to feel safe in your home and in the community.

- Keep your doors and vehicle locked. Don't share your house or room key with friends or partners.
- Avoid leaving bikes or other belongings outside the property.
- Ensure porch lights and exterior lights work. Turn them on when you leave and are coming home in the evening or at night.
- Keep in touch with your roommates when going out at night.
- Get to know your neighbours, and who is part of your neighbourhood.
- Consider a ring camera for your front door.
- Download the Trent U Safety app.



Consent

Creating a culture of consent is a collective endeavour. That means respecting each other's boundaries, communicating about consent, believing survivors and disrupting the norms of sexual violence in our communities.

Consent is an active, informed, voluntary, continual and conscious choice regarding an agreement between two or more people.

Consent is a CLEAR and PRESENT SOBER YES between EQUALS:

- CLEAR = an unmistakable verbal agreement
- PRESENT = consent can be revoked at any time
- SOBER = recognizing how substance use can impact our ability to consent
- Using power over someone is not EQUALS, consent must be freely given

For support contact Trent's Sexual Violence Prevention & Response Team, consent@trentu.ca 705-748-1011 ext. 7792

trentu.ca/sexualviolence/consent