

TRAILL TALES

*Catharine Parr Trill College
Trent University*



A message from our College Principal

Hello Traillites.

November is here and we have turned back the clocks, but it really doesn't feel like fall! We thought that the patio at *The Trend* would be closed by now, but people are still using it, so we will keep it open until the snow flies. I encourage everyone to take advantage of the unseasonably warm weather and enjoy all the outdoor spaces that the College has to offer (as long as we can).

This week, we got a couple dozen new students as part of the College, so I want to offer a special welcome to all our new members. By the way, we call the members (and friends) of Traill *Traillites*. All Traill members and friends of Traill are welcome to our events, dinners, discussions, and activities. Please click on the link above so you can read the full newsletter every week for a full schedule of events at the College. In particular, check out page five of *Traill Tales* this week to see some of our newest members that are part of the George Brown-Trent Nursing program.

Next week, we are very excited to welcome both **Dr. Peter Raymont '15** and **Dr. James Orbinski '80** to Traill College. Peter Raymont will be our inaugural filmmaker in residence and will be offering workshops and screenings over the week (please see the poster on page four of *Traill Tales*).

We welcome all members of the Traill community to come out, particularly to *Peter's Shake Hands with the Devil* workshop on Tuesday, November 12th in Bagnani Hall. For more information and registration, please go to: <https://traillcollege.corsizio.com/event/6720e315c8fd13a67660cd48>

On Thursday, November 14th, we have an extremely special evening planned as Peter screens his documentary *Triage* with special guest (and subject of the film) James Orbinski. Don't miss what will be a powerful evening at the Champlain Lecture Theatre (Room 307). For more information and registration, please go to: <https://traillcollege.corsizio.com/event/66d71b8f37df97d427896026>

Until next week,



Needing an Appointment?

Looking to book an academic appointment?



Academic Advising helps you navigate your degree and understand university regulations



Academic Skills helps you refine your skills for success at university

[Academic Advising](#) and [Academic Skills](#) appointments are available Monday to Friday on the [Student Experience Portal](#).

Trail College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 7333 or come to the college office to book in-person. Book Skills on the [Student Experience Portal](#). Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to graduate@trentu.ca or your home department.

Cabinet Corner



<https://www.trentu.ca/colleges/trail/belong/college-cabinet>

To keep up to date with the college, follow us on social media!

For the most up-to-date information on Trent University's events and news:
<https://www.trentu.ca/news/>

Swag Shop



*Click [here](#) to view our swag shop and order online!
Pick up orders and pay with cash at the College Office.*



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[Trail College](#)



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[#trail](#)





Backwoods Baking Presents:

Veggie Garlic Noodles



INGREDIENTS

- 2 tablespoons vegetable oil(30 mL)
- 5 cloves garlic, minced
- 4 green onions, sliced, divided
- 2 carrots, cut into matchsticks
- 1 cup snap peas(100 g)
- 2 tablespoons brown sugar
- 3 tablespoons soy sauce
- 9 oz dried rice noodles(250 g), cooked

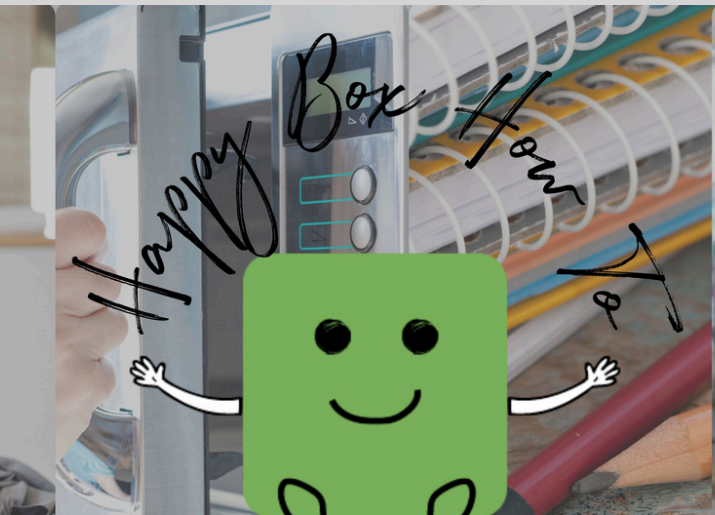
This will make 4 portions



[Link Here](#)

INSTRUCTIONS

1. Heat the vegetable oil in a large skillet over medium heat. Add the garlic and 3 green onions and cook for 2–3 minutes, until fragrant and tender. Add the carrots and snap peas, then stir in the brown sugar and soy sauce.
2. Add the noodles and toss for a couple of minutes, until the noodles are well-coated and the vegetables are tender. Season with salt and pepper.
3. Serve immediately, garnished with the remaining green onion.
4. Enjoy!



Check out our video on how to book an academic advising appointment! Click on Trail's [YouTube channel](#) to view

Trail Mix

What do you call a bear in the autumn rain?
A drizzly bear.



What's going on at the College on the Hill?

TRAILL COLLEGE 60TH ANNIVERSARY FILMMAKER IN RESIDENCE



PETER RAYMONT '15



**DON'T MISS THESE EVENTS WITH TRAILL'S
VERY OWN FILMMAKER IN RESIDENCE!**

**TUESDAY
NOVEMBER 12TH**

7- 8:30PM

**DOCUMENTARY
FILMMAKING
WORKSHOP**

BAGNANI HALL

**WEDNESDAY
NOVEMBER 13TH**

2-4PM

DROP-IN COFFEE CHAT

THE TREND

**THURSDAY
NOVEMBER 14TH**

7-10PM

**SCREENING OF *TRIAGE*
WITH
DR. JAMES ORBINSKI**

**CHAMPLAIN COLLEGE
CCS 307**

What's going on at the College on the Hill?



Recently we welcomed new PN and BScN students to Traill College who are in the Trent/Fleming Nursing Program at George Brown College.

Trent Sustainability Office's New Sustainable Campus Living Student Pledge

Get Professor Burrows a College Scarf



**Starting Tuesday
November 12th**

- All Colleges
- Daily from 9am - 4pm

Three Simple Steps:

1. Visit your college office
2. Sign the pledge
3. Get a tiny scarf sticker

Come to the Traill College office from 9am-4pm starting Tuesday November 12th to sign the New Sustainable Campus Living Student Pledge.

TRAILL COLLEGE 60TH ANNIVERSARY FILMMAKER IN RESIDENCE FILM SCREENING: TRIAGE



Join us on November 14th as we welcome Peter Raymont and Dr. James Orbinski!

Now moved to Champlain College - CCS 307 at 7:00 PM.

Light snacks and refreshments will be provided.

Register [Here](#)



**On November 21st, 2024
Prepare Yourself...**

**For a Synthesis of Science and Humanities Research
Unlike Any Other Seen Before!**



Wildfires Change Dissolved Organic Carbon Composition in Boreal Headwater Streams



Erin Matula
MSc Student
Environmental & Life Sciences



7:30 PM TO 9:00 PM
Bagnani Hall
Traill Campus

**Come for the Free Snacks,
Stay for the Research!**

The Trent-Severn Waterway: Adapting To And Overcoming Environmental Infrastructure



Oscar Siler
MA Student
History

Join us to discuss research topics that span the science and the arts. The two presenters are: Erin Matula, a Master's student from environment and life sciences, and Oscar Siler, a Master's student from history.

What's going on at Trent?

Jobs. Careers. Experiences.

GENERAL CAREER EXPO

November 12 & 19 | 11 -2
Student Centre Atrium

Sponsored by
bakertilly

GAUVREAU
ACCOUNTING TAX LAW ADVISORS

Join Careerspace for the fall General Career Expo events on November 12 and 19 in the Trent Student Centre Atrium.

From 11 to 2, top employers like Gauvreau CPA and Baker Tilly will showcase a wide range of part-time, full-time, and career positions, offering you a unique opportunity to connect directly with prospective employers who are eager to hire Trent students.

Click [here](#) to register!

Buddhist Meditation

November 12 | 3-4 pm
Bata Library: Room 202



Each student received a direct email allowing them to share their feedback on a variety of topics including academic and student supports, their College, and events they've participated in this year. By completing this short survey, they can enter a draw to win many fabulous prizes,

Common Writing Concerns for Graduate Students

Date: Tuesday, November 19

Place: Zoom

Time: 7:00 to 8:30 pm



ON THE WRITE TRACK

WRITING ACCOUNTABILITY FOR GRADUATE STUDENTS

Join an Academic Skills Instructor each week from October 30 to December 4 for a two-hour session to work on your thesis, MRP, or other major projects

Wednesdays 1-3 PM

Join us over Zoom!



This workshop will explore some of the common concerns seen in graduate writing assignments from course-based writing to research proposals and thesis writing. We will explore the writing process as an aid in clarifying the thought process. We will discuss style and flow in writing, the needs of the reader, and the basis of strong writing - the paragraph.

On the Write Track provides graduate students with a structured way to keep themselves accountable for their thesis, MRP, or other major projects. Join an Academic Skills Instructor each week for a two-hour session where they will provide you with resources and a structured setting to meet your writing goals. This workshop series runs for six weeks starting October 30th. [Register Here.](#)

What's going on at Trent?

AI Hopes & Fears Series

ETHICS AND AI

Tuesday, Nov 12, 2024

12:00 PM - 1:00 PM



Speaker: **Dr. Kathryn Norlock**

SPONSORED BY TRENT UNIVERSITY LIBRARY & ARCHIVES



Image created by AI

Artificial intelligence's transformative and controversial impact on society is the focus of the AI Hopes & Fears virtual speaker series, sponsored by the Trent University Library & Archives. Beginning on November 12, this free, monthly series invites you to engage with leading experts as they explore the ethical, democratic, environmental, and social implications of AI. Join via zoom [here](#).

Do you want to become a stronger leader, explore curriculum, and build your resume?

Apply to join the Collegiate Leadership Program!

- Learn beyond the classroom
- Grow your network
- Represent your school, travel to a national competition at Wilfrid Laurier University
- Earn a micro credential!

Visit www.trentu.ca/clc to learn more and apply!

Deadline is November 15th

Kick off session November 27th, Weekly sessions January to April
Wednesdays 5:30-7:30pm

Apply to join the Collegiate Leadership Program! Learn beyond the classroom, grow your network, earn a micro credential, have fun while learning and represent your school! Applications close November 15th
Visit [our website](#) to learn more; or [apply now!](#)
Commitment includes one session in November, and weekly sessions January to April

Writing Café

with Academic Skills in the Colleges

Sunday, November 17, 2024
10 am to 3pm

OC Commons
(Otonabee College)

Join us to work on a written assignment in a comfy, cozy, community space!

Set writing goals!

Stay focused!

Come for the day, or a part of the day.

Enjoy baked goods and drinks while you write!

To register:
www.trentu.ca/sep

Email acdskills@trentu.ca for more information.

Are you working on an end-of-term paper? Want to write in a comfy, cozy community space? Join Academic Skills at this relaxed and supportive Writing Café to work on your written assignment(s). Skills Instructors can provide writing support, help you set writing goals, and keep you focused on your task. Individual one-to-one appointments with a Skills Instructor will be available. We will have warm drinks, baked treats, resources, and more. Come for the day, or part of the day - everyone is welcome. Register to attend!

Trent Spiritual Affairs & Student Wellness Services invite you to join us for a

Community Song Circle

with Mila Redwood

Tuesday, November 19

2:00 - 4:00PM | TSC 1.07 (Event Space)



As part of the Skills to Enhance Peer Support (STEPS) workshop series and certificate program, this session is all about building our capacity as change-makers. Facilitated by Consent at Trent, the Sexual Violence Prevention and Response Team, the workshop will empower you with tools to disrupt sexual and gender based violence in our communities



Student Supports

We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!

This week we are highlighting: CareerSpace



Want to set yourself apart as a new graduate? CareerSpace offers valuable learning tools with an opportunity to gain practical, hands-on experience to put you at the top of the list. This unique program allows students and alumni to get an inside look at the career landscape, while gaining meaningful experiences and necessary perspectives. Opportunities are available both through the university and in the broader community. CareerSpace offers appointments, workshops, online resources, and opportunities to connect with employers and recruiters. These services are free for all Trent students and alumni.

Hello!



PEER SUPPORT

AT TRENT UNIVERSITY

Check out the Student Experience Portal at ccr.trentu.ca to book a session.

Monday to Thursday 12-3pm.

Fun Fridays from 12-2pm.

@peersupporttrent on IG or FB

Here to listen and support. Let's connect.

Looking for another student's perspective? Book a peer support appointment Monday to Thursday 12pm-4pm through the **Student Experience Portal!**



CAREERSPACE

CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round!

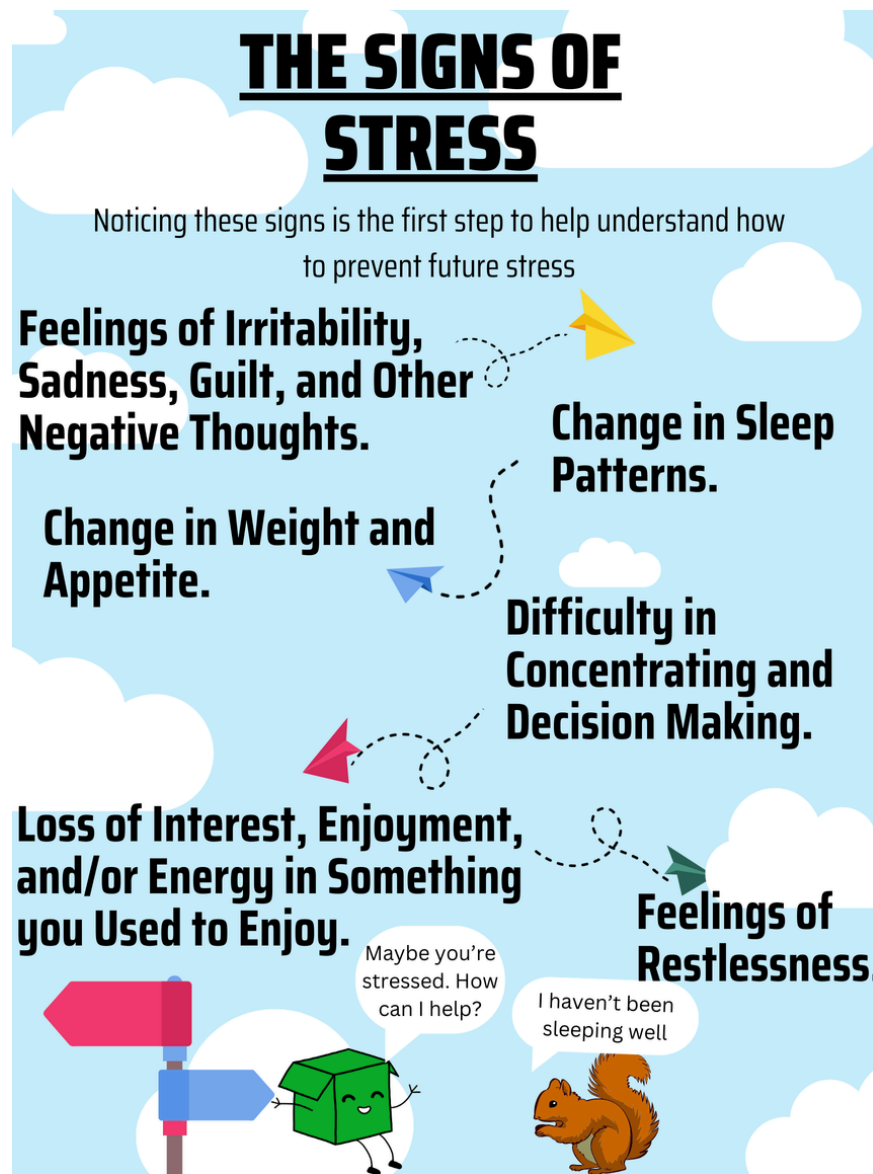
Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on trentu.ca/sep and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

Wellness Resources

[For more information click here](#)

Stress can be different for everyone and stress manifests itself in different ways. Some common signs of stress include, but are not limited to those listed in the poster.

Once you know how stress impacts you, you will be able to understand what causes you to feel this way and take actions to prevent any future stress.



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"Life is never fair, and perhaps it is a good thing for most of us that it is not." – Oscar Wilde