

TRAILL TALES

*Catharine Parr Traill College
Trent University*



A message from our College Principal

Attention all friends of Trent University Continuing Education!

It's time to check out our winter 2025 courses. Over 30 classes and workshops are now open for registration where you can save up to 40% off until December 31st. Register yourself, or register for a friend, and give the gift of learning this holiday season. Our official promotional campaign does not start publicly until December 1st, so consider this your private invitation to sign up and beat the rush! For more information and a link to register go to the **Continuing Education** website at: www.trentu.ca/continuingeducation

If you are receiving *Trill Tales* for the first time today, welcome. This newsletter is published every week and provides updates on Continuing Education as well as a full listing of upcoming events at Traill College open to both students and the public. Make sure you click on the link highlighted above to get the ENTIRE newsletter (in .pdf format) with recipes, jokes, news, etc.

Update On Wallis Hall Entrances

I am pleased to announce that both the Dublin St. entrance and the Crawford House entrance to Wallis Hall are now open again. The entrance at Dublin St. is now fully accessible with wider, automatic doors that can be opened by pressing a button. The Crawford House steps and landing, that had rotted, are now entirely replaced. A special thanks to **Chris, Marco**, and the entire Facilities team for making these necessary repairs happen.

80's Reunion Tonight!

Finally, as part of our continuing 60th anniversary celebrations we are having a special event to celebrate Life at Traill in the 1980s. Check out our bodacious alumni panel that will include **John Kennedy '85, Tracy (Rush) Kennedy '87, Tim Haley '85, Lynne Pidduck Angus '86, Cathy Aldridge '87, and Cathy Warren '88**. I will be interviewing these Traillites to get the straight goods on the best classes, craziest professors, and coolest student hangouts that Trent, Traill, and Peterborough had to offer. All alumni, friends, and current students are welcome! Prizes for best '80s attire! Be there, or be square! It all starts at 7:30 PM in Bagnani Hall.

Until next time,

A handwritten signature in black ink, appearing to read "Michael...", located at the bottom left of the page.



Needing an Appointment?

Looking to book an academic appointment?



[Academic Advising](#) and [Academic Skills](#) appointments are available Monday to Friday on the [Student Experience Portal](#).

Trail College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 7333 or come to the college office to book in-person. Book Skills on the [Student Experience Portal](#). Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to graduate@trentu.ca or your home department.

Academic Advising helps you navigate your degree and understand university regulations



Academic Skills helps you refine your skills for success at university

Cabinet Corner



Click [here](#) to view our swag shop and order online!
Pick up orders and pay with cash at the College Office.

<https://www.trentu.ca/colleges/trail/belong/college-cabinet>

To keep up to date with the college, follow us on social media!



[@trailcollege](#)



[Trail College](#)



[trailcollege](#)



[#trail](#)

For the most up-to-date information on Trent University's events and news:

<https://www.trentu.ca/news/>



Backwoods Baking Presents:

Scalloped Potatoes

[Link Here](#)

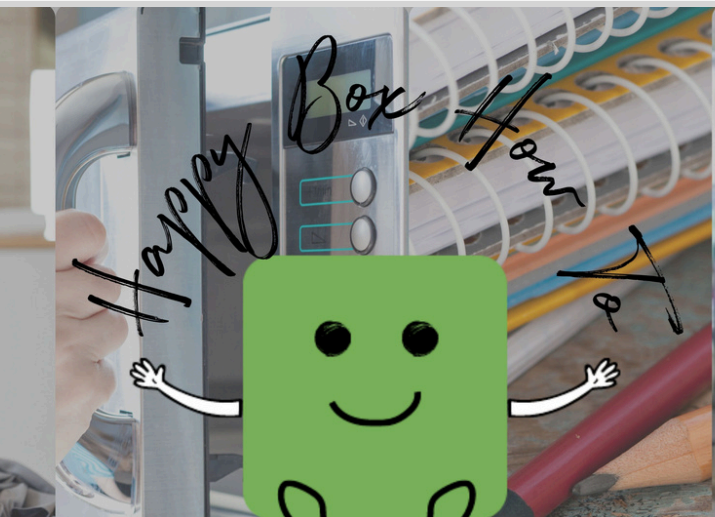
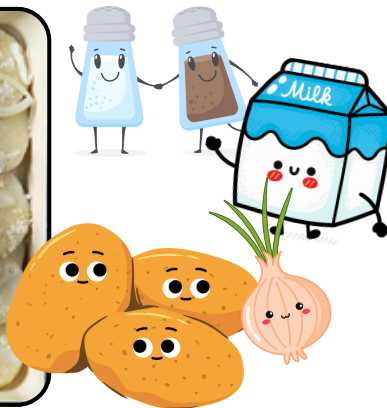
INGREDIENTS

- 3 pounds potatoes, thinly sliced
- ½ onion, thinly sliced
- 9 tablespoons all-purpose flour, divided
- 6 tablespoons butter, diced and divided
- salt and ground black pepper to taste
- 3 cups whole milk, or as needed



INSTRUCTIONS

1. Preheat the oven to 375 degrees F (190 degrees C) and grease a 9x13-inch baking dish.
2. Spread about 1/3 of the potato slices into the bottom of the prepared baking dish.
 - a. Top with about 1/3 of the onion slices.
 - b. Sprinkle 3 tablespoons flour over the potato and onion.
 - c. Arrange 2 tablespoons butter atop the flour.
 - d. Season the entire layer with salt and pepper.
 - e. Repeat layering twice more.
3. Heat milk in a saucepan until warm. Pour enough warm milk over the mixture in the baking dish so the top of the liquid is level with the final layer of potatoes.
4. Bake in the preheated oven for 45-60 minutes or until potatoes are tender.
5. Serve hot and enjoy!



Check out our video on how to book an academic advising appointment! Click on Trail's [YouTube channel](#) to view

Trail Mix

What do they sing at a snowman's birthday party?
Freeze a jolly good fellow!



What's going on at the College on the Hill?

Trent Sustainability Office's

New Sustainable Campus Living Student Pledge

Get Professor Burrows a College Scarf



**Starting Tuesday
November 12th**

- All Colleges
- Daily from 9am - 4pm

Three Simple Steps:

1. Visit your college office
2. Sign the pledge
3. Get a tiny scarf sticker

Come to the Traill College office from 9am-4pm starting Tuesday November 12th to sign the New Sustainable Campus Living Student Pledge.

TRAILL COLLEGE 60TH ANNIVERSARY GUEST LECTURE SERIES



Join John and Tracy with their friends Tim, Lynne, Cathy A. and Cathy W. for a fun evening of stories at "The 80s, Team Trend, and Traill."

28 NOVEMBER 2024

7:30 PM

**BAGNANI HALL
TRAILL COLLEGE**

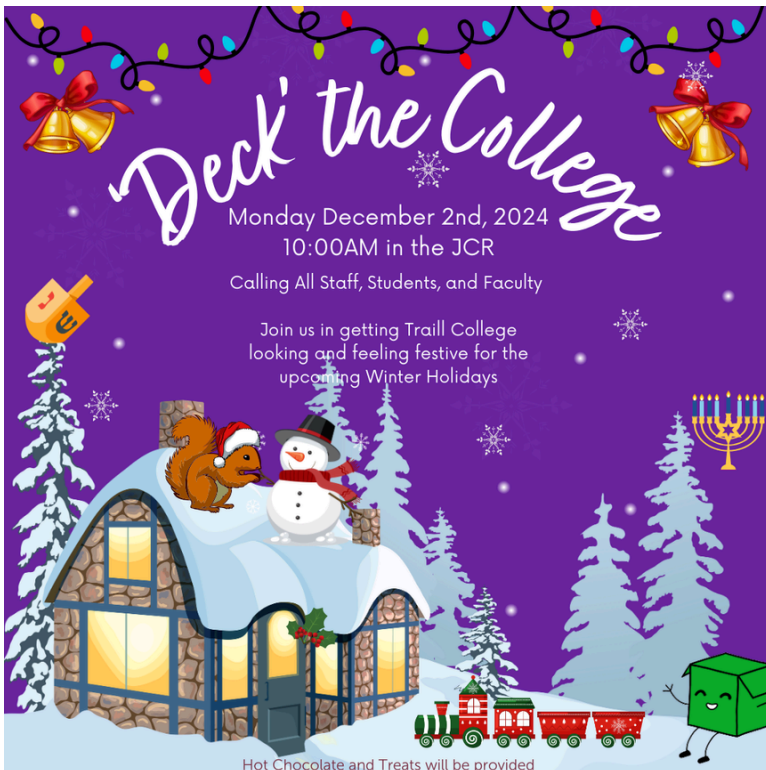
Refreshments provided



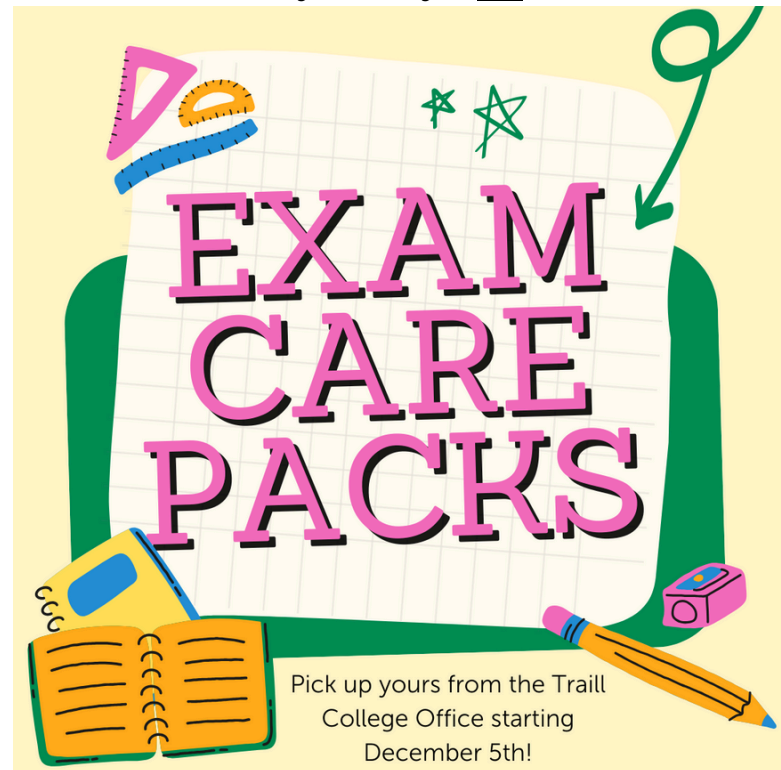
**THE 80S, TEAM
TREND, AND TRAILL**



What was Traill like just after its 30th anniversary. What are the origins of the Happy Box? Was their romance to be found on the College on the Hill? Whatever happened to intermural hockey at Trent? How did the Team Trend reunion become the second-longest running alumni event at the university? Find out the answer to these and other burning questions November 28th at 7:30PM in Bagnani hall. Register [Here](#)



Come join us in the junior common room in Scott house Monday December 2nd, starting at 10 AM we are decorating Traill for the holiday season! Hot chocolate and other treats are also provided so bring you holiday spirit and join some festive folks for holiday fun



Starting December 5th, visit the Traill College Office for a Free exam care package! Included in the package is candy, tea, hot chocolate, stress balls, play-doh and more!

What's going on at Trent?

TRENT SUSTAINABILITY OFFICE CLOTHING SWAP



Freecycle!



NOV 28

OTONABEE COLLEGE NEAR
WENJACK THEATRE
11:00 TO 2:00



'Shop' our last FREE clothing swap this year!

Drop off unwanted items and get new-to-you clothing & items for FREE.

SWAPS are hosted on the last Thursday of every month and supported by TKE.

The last clothing swap of the year will be Nov 28th from 11-2pm at the tables in OC by Wenjack. This is a freecycling event. You can stop by and drop off clothes you no longer want or come and grab something new to you for free! This effort is supported by TKE and is held on the last Thursday of each month.

ON THE WRITE TRACK

WRITING ACCOUNTABILITY FOR GRADUATE STUDENTS

Join an Academic Skills Instructor each week from October 30 to December 4 for a two-hour session to work on your thesis, MRP, or other major projects

Wednesdays 1-3 PM
Join us over Zoom!



On the Write Track provides graduate students with a structured way to keep themselves accountable for their thesis, MRP, or other major projects. Join an Academic Skills Instructor each week for a two-hour session where they will provide you with resources and a structured setting to meet your writing goals. This workshop series runs for six weeks starting October 30th. [Register Here.](#)

CONSENT
at TRENT

TRENT
UNIVERSITY
LIBRARY & ARCHIVES

ART & BUTTON MAKING!

TUESDAY, DECEMBER 3

12PM-2PM

BATA LIBRARY

202 ELAINE STAVRO ROOM

Join Consent at Trent and Bata Library for an opportunity to unwind, explore your creativity and connect with others in the community! . Inspired by the 16 Days of Activism Against Gender-Based Violence and the National Day of Remembrance and Action on Violence Against Women we hope this gathering serves us a reminder that we all deserve community spaces to connect, create and express ourselves.

Transfer Into Co-op!

INFORMATION SESSION

Friday, December 6, 1:30 PM on Zoom

Applications open on myTrent from December 9 to January 12 and are available to **first year students** interested in one of 25 co-op programs.

Learn more about co-op and available programs on our website.



If you are a first-year student who is interested in applying to transfer into one of our 25 co-op programs, we invite you to attend our upcoming virtual information session. In this session students will learn about the co-op process, its benefits, and opportunities. Students can register on the Student Experience Portal in the events calendar (www.trentu.ca/sep). More information is also available on our website at www.trentu.ca/careerspace/transfer-co-op

Student Supports



We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!

This week we are highlighting: Spiritual Affairs



Trent University Spiritual Affairs provides support to students from all faith traditions, as well as students who are considering questions of meaning, purpose and identity. University life provides ample opportunity for personal growth and exploration - and at times, can be stressful. Our Chaplains and Community Liaisons are available to provide spiritual support to students as they navigate this complex and exciting life stage. Our multi-faith model is rooted in respect, understanding, and inclusion.

Hello!



PEER SUPPORT

AT TRENT UNIVERSITY

Check out the Student Experience Portal at ccr.trentu.ca to book a session.

Monday to Thursday 12-3pm.

Fun Fridays from 12-2pm.

@peersupporttrent on IG or FB

Here to listen and support. Let's connect.

Looking for another student's perspective? Book a peer support appointment Monday to Thursday 12pm-4pm through the **Student Experience Portal!**



CAREERSPACE

CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round!

Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on trentu.ca/sep and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

Wellness Resources

[For more information click here](#)

Getting into an Exam study Routine

With exam season slowly approaching, here are some common sense tips for getting prepared for the incoming storm of papers, tests, quizzes, and exams that haunt the everyday lives of students.

- Set Expectations

This needs to be more than just "I want to ace all of my courses." Be specific and be realistic.

- Study with Peers

Taking the time to work through problems and understanding concepts with classmates is a great way to make sure you're all on the same page.

- Take Notes

Take notes of concepts you do and don't understand. This will cement all of what you've learned.

- Test Yourself

Test your knowledge, find where you struggle the most now so you can review while there's still time.

Study Tips



List Your Goals

Study Group



Note-Taking



Test Yourself



1964-2024

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"Never be so kind, you forget to be clever; never be so clever, you forget to be kind." -Taylor Swift