



GYM SCHEDULE

February 3 - February 9 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY										
<table border="0"> <tr> <td>Varsity Teams Training 6:00am - 8:30am</td> <td>Rowing Club 6:00am-8:00am</td> </tr> </table>	Varsity Teams Training 6:00am - 8:30am	Rowing Club 6:00am-8:00am	<table border="0"> <tr> <td>Drop-in Gym 6:00am - 7:00am</td> <td>Rowing Club 5:30am-7:00am</td> </tr> </table>	Drop-in Gym 6:00am - 7:00am	Rowing Club 5:30am-7:00am		<table border="0"> <tr> <td>Varsity Teams Training 6:00am - 8:00am</td> <td>Rowing Club 5:30am-7:00am</td> </tr> </table>	Varsity Teams Training 6:00am - 8:00am	Rowing Club 5:30am-7:00am	<table border="0"> <tr> <td>Varsity MLAX 6:30am - 8:00am</td> <td>Rowing Club 6:00am-8:00am</td> </tr> </table>	Varsity MLAX 6:30am - 8:00am	Rowing Club 6:00am-8:00am	<table border="0"> <tr> <td>Drop-in Gym 7:00am - 7:45am</td> <td>Rowing Club 6:00am-8:00am</td> </tr> </table>	Drop-in Gym 7:00am - 7:45am	Rowing Club 6:00am-8:00am	
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Drop-in Gym 7:00am - 7:45am	Rowing Club 6:00am-8:00am															
School of ED 8:30 am - 3:00pm	Varsity MRUG 7:00am-8:00am	Varsity WRUG 6:00am-8:00am	Varsity WSOC 7:00am-8:00am	Drop-in Gym 8:00am -10:00am	Advanced Pickleball 8:00am-10:00am	Learn to Play Pickleball 8:00am-10:00am										
	Varsity WVBALL 8:00am-10:00am	Recreational Pickleball 8:30am-10:30am	Varsity MVBALL 8:00am-10:00am	Varsity WVBALL 10:00am -11:00am	WRUG Recruit day 10:15am-12:00pm	Jr. Sports Club 10:30am-12:00pm										
	Trent Ultimate Frisbee 10:00am-12:00pm	Varsity WLAX 10:30am-12:30pm	Drop-in Gym 10:00am - 11:30am	Varsity MVBALL 11:00am-12:00pm												
	Drop-in Gym 12:00pm -2:00pm	Floor Cleaning 12:30pm-1:30pm	Varsity MLAX 11:30am-1:00pm	Drop-in Gym 12:00pm -2:00pm	Varsity MRUG 12:00pm - 2:00pm	Drop-in Gym 12:15pm-3:00pm										
	Floor Cleaning 2:00pm-3:00pm	Varsity MSOC 1:30pm-3:00pm	Drop-in Gym 1:00pm -2:00pm	Floor Cleaning 2:00pm-3:00pm	Badminton Club 2:00pm -4:00pm	Drop-in Gym (North) 3:00pm-5:00pm										
	Varsity MVBALL 3:00pm - 6:00pm	Varsity MVBALL 3:00pm -5:00pm	Floor Cleaning 2:00pm-3:00pm	Drop-in Gym 3:00pm -4:00pm		Table Tennis Club 3:00pm-5:00pm										
Varsity MVBALL 3:00pm -5:00pm	Varsity WVBALL 6:00pm -7:00pm	Varsity WVBALL 3:00pm -5:00pm	Varsity WVBALL 3:00pm -6:00pm	Fencing Club 4:00pm-7:00pm												
Varsity WVBALL 5:00pm-7:00pm		Varsity WVBALL 5:00pm-7:00pm	Varsity MVBALL 6:00pm - 7:00pm	Drop-in Volleyball (North side) 7:00pm -8:50pm	Drop-in Gym 4:00pm - 9:00pm	CREC Futsal 5:00pm-9:00pm										
Fencing Club 7:00pm-9:00pm	CREC Recreational Volleyball 7:00-11:00pm	CREC Recreational Volleyball 7:00-11:00pm	CREC basketball 7:00-11:00pm	Drop-in Soccer (South side) 7:00pm -8:50pm												
CREC Inter Volleyball 9:00-11:00pm			CREC Volleyball 7:00-11:00pm	Drop-in Basketball (North side) 9:00pm -10:50pm												
				Drop-in Badminton (South side) 9:00pm -10:50pm												

Schedule may be subject to change. Please check with Front Desk Staff for updates.