

Employment & Community Resources for 2SLGBTQ+ Students

Many students have concerns about career planning, but for some 2SLGBTQ+ students there can be additional things to consider. This is a collection of available resources.

Employment Resources:

Pride at Work: <https://prideatwork.ca/>

Using conversation, education, and leadership, Pride at Work Canada empowers employers to build workplaces that celebrate all employees to create a safer, more inclusive workspace and brings down barriers to employment.

Your Journey- A Career Guide for Trans and Nonbinary Students: [A Career Guide for Trans and Nonbinary Students](#)

Navigating a career can be a confusing process. There are many paths and opportunities to explore, and a variety of approaches you can use to work towards your goals. With all these options, career planning can feel confusing and challenging, and trans and nonbinary people may have questions in addition to those we all wonder about: How do I know if an employer supports trans and nonbinary people? What are my options for sharing my gender identity when I'm looking for a job? This guide aims to help trans and nonbinary students and recent alumni to figure out their career possibilities, connect to resources, effectively apply for jobs, and excel in their career. There are questions that this guide won't be able to answer, but the hope is that it provides you with a solid starting point for taking the next steps in your career.

Out and Equal: [Out & Equal | Workplace Advocates \(outandequal.org\)](#)

Worldwide programs to help LGBTQ people thrive and support organizations who have/are creating a culture of belonging for all. Through working with government agencies, Fortune 1000 companies and organizations provide training, consultation, and networking to create inclusive work environments.

Out for Work: [Home : Welcome : Out for Work](#)

Acting as a component in the overall education of LGBT students through development, evaluation, and implementation of career plans and opportunities.

Out Professionals: [Out Professionals – Nonprofit for Meaningful, Professional Networking | Out Professionals](#)

A leading nonprofit networking organization for LGBTQ professionals in the United States.

Human Rights Legal Support Centre: [Our Mission | Human Rights Legal Support Centre \(hrlsc.on.ca\)](#)

The HRLSC is an independent agency funded by the Ontario Government to be a leader in equality advancement, protecting, and supporting every person's right to live and work with dignity and respect.

Community Resources:

Pink Pages:

<https://thepinkpagesdirectory.com/listings/canada/>

Directory for LGBTQ-friendly businesses across Canada.

Ranges from community organizations, hotels, everything beyond and in-between.

National Center for Transgender Equality: [Employment |](#)

[National Center for Transgender Equality \(transequality.org\)](#)

Advocates for policies, understanding, and acceptance of transgender people.

National Center for Lesbian Rights: [Mission & History - National Center for Lesbian Rights \(nclrights.org\)](#)

Committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families. NCLR is a non-profit, public interest law firm providing free legal assistance to LGBTQ people.

Gay, Lesbian, Straight Education Network: [Homepage | GLSEN](#)

Works to ensure that LGBTQ students can learn and grow in a school setting that is free of bullying and harassment through the K-12 years.

LGBT Youthline: [Mission, Vision & Values - LGBT YouthLine](#)

A queer, trans, two-spirit youth-led organization that affirms and supports the experiences of 29 and under youth across Ontario. Connect with a confidential, non-judgmental peer support network through phone text or online chat from Sunday to Friday 4 — 9:30 p.m.

Call: [1-800-268-9688](tel:1-800-268-9688) Text: [647-694-4275](tel:647-694-4275) Chat: www.youthline.ca

Pink Pages:

<https://thepinkpagesdirectory.com/listings/canada/ontario/northumberland-kawartha/>

Directory for LGBTQ-friendly businesses in the Northumberland, Peterborough, and Kawartha region

Canadian Mental Health Association: [Programs and Services Archive - CMHA - Haliburton, Kawartha, Pine Ridge \(cmhahkpr.ca\)](#)

Offers a wide range of services, including Trans Peer Outreach and Gender Journeys.

Peterborough Aids Resource Network (PARN): A community-based agency providing support and health

promotion for people HIV-infected and HIV-affected. PARN provides education for people at risk for HIV and awareness of HIV issues to the broader community. <http://parn.ca/about-parn/mission/>

Gender Affirming Spaces Project (GASP!): Hosts gender-affirming events in Peterborough including Swap & Chop which provides free haircuts and clothing to 2S, Trans, and GNC individuals.

<https://www.facebook.com/groups/gasp.ptbo>

Trans Peer Outreach: The Trans Peer Outreach program offers no-cost support and services for transgender and gender-diverse people, to assist them to improve the quality of their lives through the provision of community-based, client-centered care that supports positive interdependence.

<https://cmhahkpr.ca/programs-services/trans-peer-outreach/>

Rainbow Health Ontario - a guide for anyone who works with 2SLGBTQ+ communities, to strengthen their knowledge of barriers and remedies.

<https://www.rainbowhealthontario.ca/wp-content/uploads/2020/04/HEIA-RHO-EN.pdf>

PFLAG Canada. Durham Region

pflag Durham Region supports all persons within our reach with their journeys through gender identity, gender expression and sexual orientation. We seek to provide education and resources to the greater Durham community to help encourage inclusion, diversity and equity.

<https://pflagdurhamregion.com>

On Campus Support:

Out on Campus: [Out on Campus - Current Students - Trent University](#)

A confidential discussion group for Trent students who are questioning their sexuality, gender identity or are in the process of coming out. This is a group led by students who have come out to their family and friends.

You Belong Here: Designed to support students' well-being and academic success at Trent, YBH includes a program of 4 weekly interactive group sessions with peer and Trent staff facilitators, individual appointments with Academic Advising and Academic Skills, regular email check-ins and 1-on-1 meetings with YBH Community Connectors (upper year students with shared lived experience). <https://www.trentu.ca/currentstudents/youbelonghere>

Counselling: Jeffrey Reffo, a therapist who specializes in providing support to the 2SLGBTQ+ community, offers brief counselling to Trent students through video conferencing. To connect, please [book an appointment](#) with a therapist to discuss a referral. To learn more about Jeffrey, click [here](#)

Trent Queer Collective: [Trent Queer Collective](#)

Trent University's and the Peterborough/Nogojwanong organization for marginalized groups working to build and strengthen an active queer community at Trent and in the surrounding area.

Trent Durham Pride Club: [Trent Durham Pride Club - TDSA \(mytdsa.ca\)](#)

An inclusive LGBTQ+ club dedicated to promoting LGBTQ+ issues and perspectives on the Trent Durham campus.

Angeni Lovelady, Two-Spirit Program Coordinator Email: alovelady@trentu.ca

Angeni Lovelady is a Niizh-Manidoowag (Two-Spirit) person of mixed ancestry (Algonquin Anishinaabeg and Scottish/English). They are the Two-Spirit Program Coordinator at FPHL and focus their work on creating engaging and inclusive programming for Two-Spirit and Indigiqueer students within Trent University as well as educating the broader community on Two-Spirit knowledge and history.

Wellness: The mission of the Student Wellness Centre is to provide integrated services to address the holistic needs of students studying at Trent. The Student Wellness Centre consists of Counselling, Health & Accessibility Services. All services are strictly confidential and co-located in Blackburn Hall. [Student Wellness Centre - Trent University](#)

Trent Durham Student Association: The [Trent Durham Student Association \(TDSA\)](#) represents all full time and part time students of Trent University Durham. The Student Association provides a variety of services and events which reflect the interest and needs of Trent University Durham students. TDSA also supports and sponsors student clubs, student health and dental benefits, and continually works to grow and expand the scope of its advocacy, activities, and programs.

Trent Central Student Association: The Trent Central Student Association is a union run for, and by, undergraduate students at Trent University. We're a non-profit organization that helps students share ideas, create change, gain new skills and access help and support while at university. In addition to advocacy and lobby efforts, the TCSA also provides a variety of services and events for its members including a Used Book Consignment program, student discount map, free student agenda, a student benefits plan, social events, campaigns, workshops, and more. [Trent Central Student Association](#)

Career and Workforce Readiness Modules: a six-module free course created by Trent University's Careerspace to support learners in entering the workforce, taking the next step in their career, or figure out where to start with the whole process. [Introduction – Career and Workforce Readiness \(pressbooks.pub\)](#)

Careerspace: Visit us at [Careerspace](#) in the Student Centre. Our team can help review your resume, cover letter, LinkedIn, as well as support with interview preparation, job search strategies, networking and more! Throughout the year, we also offer workshops, events, and networking sessions at both campuses on all things related to career preparedness to help you put your best foot forward when it comes to landing that dream job. You can email us at careers@trentu.ca check out our website [Careerspace - Trent University](#) or visit us on the third floor of the Student Centre in room 3.10