

To the Allergist:

One of your patients would like to receive allergy injections at Trent University Student Health Services (TSHS). The TSHS nurses can administer the course of allergen injections which you have planned (excluding bee venom).

To maximize patient safety, we require the following before we can proceed with the remaining injections:

- A complete list of individual antigens included in the vial and a complete regimen for their administration according to your orders.
- Documentation of all past allergy injections including documentation of any reactions.
- Clear directions for local reactions. Directions must specify when a dose should be repeated or reduced based on the size of the local reaction from the previous injection.
- Clear directions for adjustments for late injections, for example:

MANAGEMENT OF MISSED INJECTIONS: (According to number of days from **LAST** injection)

<i>During Build-Up Phase</i>	<i>After Reaching Maintenance</i>
▪ ___ to ___ days – continue as scheduled	▪ ___ to ___ days – give same maintenance dose
▪ ___ to ___ days – repeat previous dose	▪ ___ to ___ weeks – reduce previous dose by ___ (ml)
▪ ___ to ___ days – reduce previous dose by ___ (ml)	▪ ___ to ___ weeks – reduce previous dose by ___ (ml)
▪ ___ to ___ days – reduce previous dose by ___ (ml)	▪ Over ___ weeks – contact office for instructions
▪ Over ___ days – contact office for instructions	

- Instructions for any pre-medication the patient has been directed to take.
- Your complete contact information (in case we have any questions).
- All patients receiving allergy shots at TSHS must have an EpiPen.**

Your patient must send all the requested information to clinicnurse@trentu.ca so that it can be reviewed. We will then contact your patient to arrange their appointments.

The patient may be asked to return to see you at the discretion of TSHS nurses or physicians due to missed injections, failure to wait the required time after their injection, severe local reactions, or a systemic reaction.

We appreciate your assistance in providing the best and most consistent care for our students.

Thank you,

Trent Student Health Services