

TRAILL TALES

*Catharine Parr Trill College
Trent University*



A message from our College Principal, Dr. Michael Eamon

Dear Traillites,

Convocation has begun and the entire campus is electric. The ceremonies that once spanned over a few days now stretch over a full week, both in Peterborough and at the Durham GTA campus in Oshawa. I try to make as many of them as possible, but inevitably I miss some and the opportunity to congratulate our graduates in person. Therefore, I would like to express my heartfelt congratulation to all of our graduates. This is a seminal moment in your lives. Your Trent education will hold you in good stead for the many challenges ahead. If anyone ever asks, "will your degree help you get a job." You should rest assured that it will. However, more importantly, the understanding and resilience that a Trent degree brings will help you when you don't get the job, or when life decides to challenge you in ways that are currently unforeseeable. Your Trent, and Trill experience, will be with you throughout your lives. On behalf of myself, Trill College Coordinator **Samantha Perritt**, and the entire staff at Trill, we hope that you will never hesitate to return to the College on the Hill. You will always be welcome.

As you all know, the Jalynn Bennett Amphitheatre had its grand opening last week. Beloved Traillite and college photographer **Julie Gagné** has provided the first installment of her photos from the day. I would invite you to see this montage of fun and frivolity on page four of this newsletter.

Finally, on Monday was the funeral and celebration of life for my mother. I returned to Brockville, Ontario to the old church (built in 1831) where my whole family has had their weddings and funerals for generations. Friends, family, neighbours, and people I had never met all filled the pews and I offered some public remembrances on my mother. In particular, my mother loved strawberries. For her, strawberries were more than mere food... they were a lifestyle. She collected jars, plates, dishes, glasses -- anything really -- with strawberries on it. She even remodelled our downstairs bathroom, from the wallpaper to the tooth brush holder, in a strawberry motif. Thanks to my sister, at the funeral my siblings and I all wore shirts with strawberries printed on them. Strawberry shortcake was served up at the reception. By coincidence (or perhaps some happy cosmic inspiration), the students in my absence decided on a strawberry shortcake recipe for this week's Trill Tales. You can find it on page two. I think my mom would have approved.

Until next week,



For the most up-to-date information on Trent University's response to COVID-19 visit:
<https://www.trentu.ca/coronavirus/>

Needing an Appointment?

**Academic Advising
Same-Day Appointments**
June 14th - June 28th
9am - 4pm
Booked by the College Office



**Academic Skills
Appointments**
Monday-Friday
Afternoons: appointments
available to book at 9am.

Cabinet Corner



<https://www.trentu.ca/colleges/traill/belong/college-cabinet>

To keep up to date with the college, follow us on [social media!](#)



Looking to book an academic appointment?



During the **Priority Course Registration period (June 14-28)**, the Academic Advisors in all Colleges will be available for same day advising appointments. Please contact your College Office to schedule a time to speak with an Academic Advisor. Booking for same day appointments opens at 8:50am EST each morning and is first-come, first-served.

Academic Skills appointments are available for booking by logging on to the [Student Experience Portal](#) and selecting an available date and time.

If you are a **Graduate Student** and require Academic Advising support, please reach out to graduate@trentu.ca or your home department.



Swag Shop

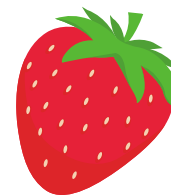


Click [here](#) to view our online swag shop and order by contacting 705-748-1011 ext. 7020 or traill@trentu.ca!





Backwoods Baking Presents: Strawberry Shortcake



<https://www.allrecipes.com/recipe/8201/strawberry-shortcake/>

INGREDIENTS

- 3 pints fresh strawberries
- 1/2 cup white sugar
- 2 1/4 cups all-purpose flour
- 4 teaspoons baking powder
- 2 tablespoons white sugar
- 1/4 teaspoon salt
- 1/3 cup shortening
- 1 egg
- 2/3 cup milk
- 2 cups whipped heavy cream



INSTRUCTIONS

- Slice the strawberries and toss them with 1/2 cup of white sugar. Set aside.
- Preheat oven to 425 degrees F (220 degrees C).
- Grease and flour one 8-inch round cake pan.
- In a medium bowl combine the flour, baking powder, 2 tablespoons white sugar and the salt.
- With a pastry blender cut in the shortening until the mixture resembles coarse crumbs.
- Make a well in the center and add the beaten egg and milk.
- Stir mixture until just combined.
- Spread the batter into the pan.
- Bake at 425 degrees F (220 degrees C) for 15 to 20 minutes or until golden brown.



Slice partially cooled cake in half, making two layers. Place half of the strawberries on one layer and top with the other layer. Top with remaining strawberries and cover with the whipped cream.

ENJOY



What a year it's been!

Check out our new [Year In review Video](#) for a peek at what Traillites have been up to.

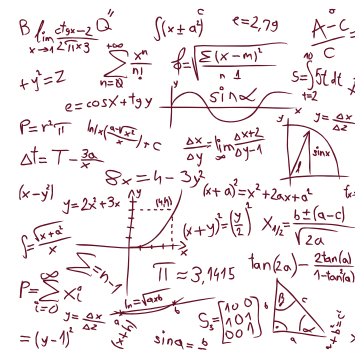
Thank you to everyone who makes Traill a great place to be. We look forward to seeing you back at all our events in 2023-2024!

Trail Mix



Why did the math textbook visit Academic Skills?

It needed help figuring out its problems.



What's going on at the College on the Hill?



Motivation Mondays
Graduate Writers Group

Starting May 15!

Every Monday
(excluding holidays)
10:30am - 11:30am

Join us through Zoom for:

- Goal setting
- Momentum & motivation building
- Tips for perfectionists
- and more!

ACADEMIC SKILLS IN THE COLLEGE

For more information, please visit trentu.ca/academicskills

Graduate students join us on Monday mornings to get inspired with your writing. Register for the Zoom link at [The Student Experience Portal](#)



SHHH..

Shut Up and Write!

Fridays Starting May 19

ACADEMIC SKILLS IN THE COLLEGE

Graduate Writing at Traill:
Fridays 10 am to 3 pm

Writing with others helps beat procrastination and overcome graduate student isolation. Write together for mutual support and motivation. Bring your own lunch or [register](#) for \$5 All you can eat Pizza Fridays



Trail College's

Pizza Fridays are Back!

Every Friday,
starting May 19th

All-you-can-eat for only \$5

Catharine Parr Trail College
Nunc cognosco ex parte

The Traill Tradition of Pizza Fridays is back at the College on the Hill! Pre-Register using the link here and enjoy all you can eat pizza and conversation. <https://traillcollege.corsizio.com>.



TRAILL COLLEGE

CONGRATULATIONS GRADUATES

We are so proud of you!

Well done Traillites!
All the best in your future!



Jalynn Bennett Amphitheatre

Grand Opening



What's going on at Trent University?



You butter not miss this!

BUTTERFLIES & BUTTER TARTS

June 14th, 2023

Wednesday, June 14th from 12-2pm
Drumlin Entrance



TRENT GRADUATE STUDENT SYMPOSIUM CALL FOR ABSTRACTS

SUBMISSIONS OPEN TO ALL
TRENT GRADUATE STUDENTS
IN MASTERS OR PH.D. PROGRAMS.

2023

SUBMIT A 250-WORD ABSTRACT FOR YOUR
CONFERENCE PAPER!

SUBMISSIONS DUE: JULY 15, 2023

APPLY AT THE [LINK IN OUR BIO!](#)



TGSS

HAVE QUESTIONS ON HOW TO
SUBMIT AN ABSTRACT?

CONTACT US!

 tgss@trentu.ca

 [@tgssTrentU](#)

 [@trentgradsymposium](#)

Click the link
in our bio for
more details!

Click on link below for symposium registration, abstract submission, and links to our social media and contact information.

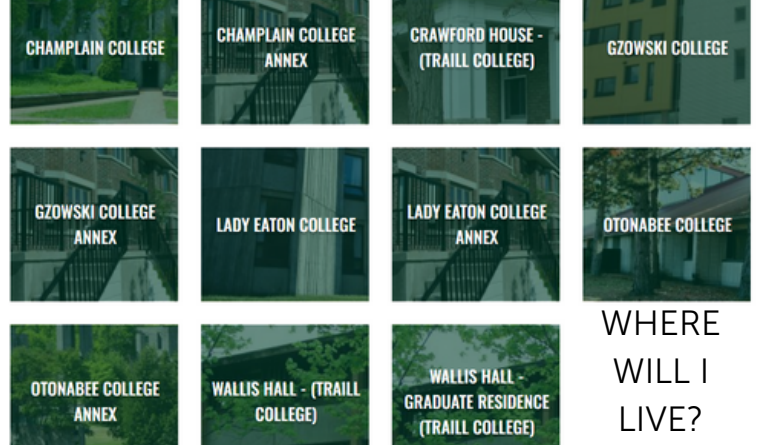
<http://www.linktr.ee/tgssrentu>



Student Supports

We want you to know you are supported on-campus and in the Peterborough community. Every week we will rotate through groups who can support your unique self.

HOUSING



WHERE WILL I LIVE?

Want to see what our residence room and common spaces look like? Check out our Tik Tok Account (@trentuhousing)!

Hello!



PEER SUPPORT

AT TRENT UNIVERSITY

Check out the Student Experience Portal at ccr.trentu.ca to book a session.

Monday to Thursday 12-3pm.

Fun Fridays from 12-2pm.

@peersupporttrent on IG or FB

Looking for another student's perspective? Book a peer support appointment Monday to Thursday 12pm-4pm through the **Student Experience Portal!**

Here to listen and support. Let's connect.



CAREERSPACE

CAREERS & EXPERIENCES

Careerspace continues to offer our services! Book an appointment on trentu.ca/sep or by phone and our student staff can assist. Appointments continue through the built-in video chat feature in the Student Experience Portal, or by phone. Still have questions? You are welcome to visit our office on the third floor of the Student Centre where you can speak with our student staff. We're happy to help!

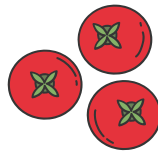
Wellness Resources

Three ideas for summer wellness:

Check out a local farmer's market. Buy seasonal produce and meet local vendors. It is a great opportunity to try new foods and incorporate healthier options into your diet.

Start a garden or join a community garden. Gardening is an excellent way to meditate, enjoy the outdoors and get some sunshine. And you can enjoy the literal fruits (and vegetables) of your labour!

Grab a camera and go exploring! Photograph the flora and fauna of your home. Look up the species you photograph and learn about them. Post to your favourite social media sites.



Copyright © 2023 Catharine Parr Traill College, Trent University

Strawberries first shaped my view of a world full of gifts simply scattered at your feet. - Robin Kimmerer