

# TRENT CENTRE FOR AGING & SOCIETY NEWSLETTER

## Featured Articles:

University-Integrated  
Seniors Village Update

TCAS Award Winners

Masters of Arts in  
Interdisciplinary Aging  
Studies



# Director's Letter



Amber Zapletal, Elizabeth Russell & Jordan Till

## Reflecting on recent TCAS accomplishments and what's to come...

From TCAS Director, Dr. Elizabeth Russell

It is difficult to document all that has happened at TCAS over the last six months - we are welcoming our first student cohort this September to our brand-new M.A. in Interdisciplinary Aging Studies; we are able to support and benefit from a growing, dynamic staff with exciting new projects underway; our members are running some unique programs that mobilize research and practice outside of the walls of the university (check out articles on Wrinkle Radio and On the Move! below); and, as has been past tradition, Trent award ceremonies again featured strong TCAS representation. I am proud of our members' individual accomplishments - but also of how the strong pillar of Aging Research that TCAS represents, as a whole - a pillar that can be considered foundational to Trent - has become. In this newsletter, we provide some significant background from Trent Lands on the major behind-the-scenes progress on the University-Integrated Seniors Village initiative - a project that will be fundamentally woven into all that TCAS does in the coming years and decades. Thank you to all of you involved in various ways with TCAS - including our non-TCAS colleagues and our families - we could not do what we do without you!

-Elizabeth



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# University-Integrated Seniors Village Update



## Quick facts:

- The overall project will sit on a 75-acre site that includes 56 acres dedicated to the Total Loss Farm Nature Area.
- Long-term care home (LTC): peopleCare will build and operate a 224-bed non-profit long-term care home on approximately 4 acres.
- Seniors Village: A university integrated, intergenerational seniors village will be developed on an approximately 15-acre adjacent site.

## Project updates: What's happening behind the scenes?

- Planning for new and existing trails throughout the nature area. The goal is for neighbours, staff and residents to have full opportunities to enjoy nature, and trail work will begin this summer.
- Signalization of the Woodland Dr. and Water St. intersection for safety.
- Engaging a developer who will bring Trent's vision for the seniors village to life. The TCAS report series will be a foundational document for the developer to work with to understand our vision.
- Seeking philanthropic and government funding to advance the vision and achieve higher standards around elements such as accessibility and environmental standards.



Students enjoying Trent's beautiful trails!

## New and emerging trends and concepts to consider:

- Staffing constraints across the sector: Trent has an opportunity to attract foreign-trained nurses and other staff.
- Housing for staff of the LTC home: for example, as peopleCare builds a larger team to care for residents in their new Meaford LTC home, they are addressing the need for workforce housing, in part by temporarily housing some new staff in the former LTC home while helping them find other, independent options in the community.
- The experiences of older first generation Canadians will be considered in this project, with a vision inspired and led by the research of Dr. Bharati Sethi, TCAS Executive Member and Trent-based CRC in Care Work, Ethnicity, Race, and Aging, and TCAS graduate member Uzma Danish.



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# University-Integrated Seniors Village Update

## Project alignment with Trent Lands Plan's guiding principles:



- **Learning and Discovery**

- Microcredential in Infection and Protection with peopleCare underway.
- Ageing and Dance book launched, included a chapter by our partners at peopleCare.
- Academic leadership and training in aging at Trent: CRC in Aging, tenure track position in Indigenous Aging, TCAS-led M.A. in Interdisciplinary Aging Studies.
- The Teaching and Research Agreement between Trent and peopleCare will provide experiential learning opportunities for students across most Trent disciplines. A full-time project coordinator will organize experiential learning placements and research projects.

- **Environmental Resilience and Integrity**

- Collaboration with Michi Saagiig on environmental studies took place before any design work on buildings and site layout were begun – typically, the environmental studies happen later in the process.
- Expanding the nature area around the site to protect species and features, and ensure it is a nature-rich environment.

- **Economic Resilience, Leadership & Innovation**

- TCAS report series identifies potential for innovation in many areas.
- Revenue generation: This project will generate lease revenue to support continued exceptional research and teaching at Trent.

- **Social Resilience, Community & Inclusivity**

- Considering the unique benefits associated with recruiting foreign-trained nurses and other staff.
- Considering how to support long-term care home residents of many diverse backgrounds.
- Trent and peopleCare have had introductory meetings with a variety of stakeholders who are providing important information on needs in the community. Collaboration with these stakeholders will continue on programming and services once the Village and long-term care home are built. These groups include but are not limited to Peterborough Regional Health Centre (PRHC), Age-Friendly Peterborough, Hospice Peterborough, Fleming College, and the City and County of Peterborough.

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# University-Integrated Seniors Village Update

## Advancing reconciliation through the seniors village:

- As the vision for the project was developing, before any details were established, Trent corresponded with the Chiefs of the local Michi Saagiig First Nations to open a conversation about their needs and interests in this project, and to discuss the location and environmental considerations.
- Trent arranged for the environmental consultants to meet with Elders and Lands and Resources Consultation Liaisons to gather their knowledge of the land in that area and any concerns they had, as well as input on any particular focus for environmental studies. They asked for four season studies, instead of the required three, and the University agreed. When the consultants were ready to present their findings, the University invited the First Nations staff to hear them at the same time. This allowed everyone to develop a common understanding of and agreement to the development envelope and any protective buffers around natural features.
- Trent placed a focus on Indigenous engagement and priorities in the Request for Proposals for the builder/operator of the long-term care home; and once peopleCare was selected, they were introduced to the First Nations staff and Curve Lake FN Chief.
- Trent has begun discussions with Curve Lake about how the project could support Indigenous aging. For example, they suggested, "Let's put in some Maple trees and we can tap them every year and there can be a small sugar bush for our Elders who think that the sugar bush is important; and have a pond where they can watch the fish or maybe even go fishing, because that's such a hopeful piece to us".
- Elders have named the wetland in the Nature Area around the project and conferred that name in ceremony in April – Kiihtaanaa Mash'ing – which recognizes the Spring peepers in the area.
- TCAS and the seniors village project supports ongoing work on Indigenous aging; for example, by organizing and supporting a series of recent talks on Indigenous aging, and sharing enthusiasm for the Chanie Wenjack School for Indigenous Studies' new tenure track position on Indigenous aging.





# TCAS Award Winners!



## Symons Award for Excellence in Teaching

TCAS Director, Dr. Elizabeth Russell incorporates active learning strategies, authentic assessment forms, and interactive experiential learning into all her courses. Through her role as director of TCAS, Dr. Russell has led the creation of the TCAS Knowledge Mobilization Hub, and the M.A. in Interdisciplinary Aging Studies, a new graduate program which brings together academic research with hands-on, experiential learning. Watch the event video [here](#), and watch a quick video about Dr. Russell's teaching [here](#).



## Early Career Researcher Award & Theall Research Award

TCAS Faculty Member Dr. Kim Ritchie's research program stems from her blend of expertise in mental health, trauma, aging, and healthcare work. With a grant from CIHR, she is supporting trauma-informed organizational practices for healthcare workers. She is also the principal investigator on a project studying the mental health and well-being of veterans. Prof. Ritchie is also affiliated with McMaster University's Trauma and Recovery Unit, further demonstrating considerable involvement in advancing both knowledge and practice in public mental health and trauma. Watch the event video [here](#).



## Three-Minute Thesis Winner

TCAS Graduate Associate Member and Knowledge Mobilization Hub Assistant, Jordan Till, took home first prize and the Audience Choice Award at the 2023 3MT competition for presenting his research on how obsessive-compulsive disorder symptoms may be further organized into categories for better diagnoses and potentially better therapy outcomes. Read more about Jordan and his research [here!](#)

# Masters of Arts in Interdisciplinary Aging Studies

**After several years of work behind the scenes, TCAS is thrilled to be home to its first academic program: the NEW M.A. in Interdisciplinary Aging Studies.**

This program offers graduate students training in social science and humanities fields related to the study of aging, including social-cultural dimensions of aging; systems, services and policy; cultural/literary studies, performance, and creative arts; social justice, especially equity, diversity and inclusion; and professional fields requiring expertise in aging. The M.A. program emphasizes the importance of developing skills in critical analysis of contemporary aging issues and practical approaches to aging-related challenges across different contexts – ranging from individual experiences of aging to the societal complexities of aging populations.

- Develop insights into the day-to-day experiences and perspectives of older adults by engaging directly with older people or programs who serve older people regularly throughout your degree program.
- Prepare for a meaningful career in public and nonprofit sectors, and managerial-level positions in institutions and community organizations that support older adults.
- Conduct interdisciplinary research through the Trent Centre for Aging and Society—where faculty, students, staff, and community stakeholders build meaningful dialogue that challenges entrenched ideas about aging, old age and older people.

Questions about the program? Please contact Graduate Program Director, [Dr. Elizabeth Russell](#).

**For more information about the program....**

**Visit the program website [here](#)**

**Read the press release [here](#)**





# TCAS Knowledge Mobilization Hub

Founded in 2021, the [TCAS KM Hub](#) is a communications arm of TCAS that provides our members with a suite of simple and practical multimedia knowledge mobilization options to effectively mobilize their research outputs to academic and non-academic knowledge users. It seeks to co-create knowledge that may enhance local, provincial, and national policies that affect older people. **Dr. Russell coordinates the TCAS KM Hub**, in partnership with **TCAS KM Hub Graduate Assistant Jordan Till**. As well as leading the graphic design of many other TCAS projects, you will see Jordan taking photographs and shooting video at all TCAS events, and creating high-quality, professional communications outputs from those products. Don't forget to say hi to Jordan at these events and ask him about his own (psychology) research, too!



As an assignment for Dr. Russell's Psychology of Aging course, undergraduate student **Amelia Heinz** gives us a first-hand look at what has been going on behind the scenes at Sportclub 64. Exploring the benefits of intergenerational activity, support, community, and camaraderie, this film highlights the many benefits of active aging and a love for friends and sport. Amelia's narrated perspective explores a day with Sportclub 64, sharing insights and highlights from numerous members of the organization.



[Click](#) to watch Amelia's video!



The TCAS KM Hub is continuing its collaboration with Trent Health in Motion's Seniors in Motion program! **Dr. Liana Brown and Dr. Elizabeth Russell** are collaborating on a follow-up program evaluation on Year Two of their free exercise program for older adults. Click [here](#) to learn more about the Seniors in Motion program!

**Are you a TCAS member and want to learn more about using the services of the TCAS KM Hub? Contact Dr. Russell or Jordan Till!**

# On The Move!



Dr. Liana Brown (far left) with student *On The Move!* program facilitators

In 2021, with support from the Peterborough Parkinson Canada Chapter, Trent University Associate Professor and TCAS Executive member Dr. Liana Brown developed the *On The Move!* program – an initiative that encourages physical and social activity for individuals with Parkinson’s Disease. Above the immediate physical and social focus of the program for its members, *On The Move!* provides opportunities for undergraduate student researchers from Trent University to supervise and participate with the program structuring.

Built on evidence-based research, *On The Move!* offers guided classes in dance aerobics, spin cycling, and boxing bootcamp. Through these classes, participants are supported to safely utilize high-intensity exercises which explore and develop range of motion, complex movement, and balance.

***"On The Move! is special because it invites students from any program to have an opportunity to interact with a very friendly group of people who can really benefit from exercise prescription... Being able to offer a program to our local Parkinson's community is really wonderful. And then from the student's perspective, bringing together a group of students and seeing them work with one another to help our participants; I enjoy every minute."***

***-Dr. Liana Brown,  
On the Move! Founder &  
TCAS Executive Member***



Spin class with *On The Move!*

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# ON THE MOVE!



Weight training with *On The Move!*

Through the *On The Move!* practicum, selected students are trained to offer evidence-based exercise programming to meet the needs of participants as a group and to safely offer exercise options to meet individuals' needs. A truly interdisciplinary environment, each student learns how to measure the program's effectiveness by completing an appropriate project focused on program evaluation.

## On The Move! follows these five evidence-based principles:

- It encourages participants safely to a higher level of exertion;
- It incorporates movement repetition set to fun music to allow participants to benefit from cyclic, rhythmic movements;
- It incorporates many big movements that challenge participants to expand their range of motion, safely test their balance limits, and build core strength;
- It encourages participants to learn complex movements and sequences that challenge coordination, attention, and memory, and...
- We have a lot of fun!



Student facilitators

A testament to the advantage gained in working with the program, all graduating students who participated in the program in 2021/22 were accepted to prestigious graduate programs in psychology, physical therapy, and counselling.

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**For more information on On the Move!, check out the [website here](#) or contact [Dr. Liana Brown](#).**



# Caregiving and Experiential Learning: The Bianca, Daniel, and Opa Story

**Our students play many roles, and that can include the role of caregiver. Here, we share the story of Bianca Torunsky and Daniel McCallum, Psychology students who also support Bianca's Opa full time and experiences as full time caregivers AND students that they both, separately, captured through experiential learning opportunities in Dr. Russell's various courses. Experiential learning is a wonderful way for our students to put their own personal twist on course material; often a more difficult and insightful way to engage with course concepts, and Daniel and Bianca's projects are two (exceptional) examples of that. We congratulate you both on everything!**

During most of our time as full-time Trent students, my partner Bianca and I have been caregivers to her 91-year-old grandfather (whom we call Opa). We took a larger role in Opa's life in 2017 following the passing of his wife of 60 years, which expanded to a caregiver role the following year when he was involved in a car accident which cost him his right eye and much of the sight in his left. Having already lost most of his hearing and a lot of his mobility years prior, it is fair to say that this role has become a significant part of our lives. And while we have both had to make academic sacrifices for this to work, our role as caregivers has also enriched and informed our academic journeys at Trent.



In undergrad I took a psych of aging class which broadened my understanding of our situation and improved my communication with Opa significantly, while my experiences with Opa facilitated a better understanding of the course's content. This past school year, I took a graduate qualitative research course that included a research assignment for which I was able to interview Bianca in-depth about her experiences as a caregiver to an older adult. In conducting and analyzing this interview I felt lucky to have the chance to use our real, lived experiences in a major school project, and the findings of the assignment were honestly illuminating for the both of us.

**By: Daniel McCallum  
M.Sc. student in Psychology at Trent**

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*"...our role as caregivers has also enriched and informed our academic journeys..."*

This year I took Adult Development and Aging, and I was able to incorporate much of my experiences with Opa into the course. I learned a lot of helpful information about aging that I have also been able to integrate into how I support and care for Opa. Throughout the course, I was also able to contribute my experiences during class discussions and use them when doing assignments. For instance, for one project I made a [TikTok account](#) for Opa which documented moments from his life and some of the activities we do together. He got a kick out of it and he enjoyed all the positive responses he received from TikTok users who commented on the videos. It hasn't always been easy to find the time and energy to be both a caregiver for Opa and a full-time university student, but it has been extremely beneficial to be able to use the information I've learned at Trent in my relationship with Opa, and to combine my relationship with Opa into my course work.

**By: Bianca Torunsky**  
**4th year student in Psychology at Trent**

# Wrinkle Radio Podcast

Late in 2022, TCAS Executive Member and past Director, Dr. Sally Chivers, launched Wrinkle Radio – a new research-based podcast about aging that explores, with humour and compassion, the many ways people are taught to fear aging and growing old. The episodes take those fears seriously, while showing that for the most part they are unfounded. Dr. Chivers and her guests look at what is scary about how older people are treated as well as what is to be celebrated about growing older and having an aging population.

The Wrinkle Radio tagline is "Don't panic! It's just aging." This signals a focus on age panic, and why we need to resist it. What stories do we tell about aging? What's scary about aging and what is there to look forward to? The just in the tagline signals, through a double meaning, a focus on justice (i.e. that aging shouldn't be worse for some people than for others). Age panic refers to all the ways our cultural and social contexts encourage us to fear aging, for the wrong reasons.

**"Wrinkle radio is designed to fight age panic. Age panic is a consistent, ageist cultural invitation to fear growing old and fear older people. On the podcast, we insist that aging and an aging population is nothing to fear. That was an original slogan of TCAS, thanks to Jim Struthers. Wrinkle Radio recognizes that we can't fight the forces that encourages us to fear aging, until we understand what they are and where they come from."**

**-Dr. Sally Chivers**

The podcast, released monthly, features episodes that come in the form of interviews with aging scholars and people with relevant experience/knowledge. They are written, interviewed, edited, mastered, mixed, produced, marketed and distributed by Dr. Chivers, with in-kind support and hosting from VoicEd Radio and financial sponsorship from the Aging in Data Research Grant.

Episodes are available on all podcatchers (Apple, Spotify, overcast, and more), on the VoicEd website, on Spreaker, and on the Sally Chivers website, where listeners can also find show notes that expand on references from the episode and full transcripts.





# TCAS Members Event Riverview Park & Zoo



This year's TCAS Annual Members Event was held at the Peterborough Riverview Park & Zoo. In January, friends and family of TCAS braved the cold to get together for a day with the animals. We participated in a guided winter tour to enjoy the animals and scenery and even got to watch them feed the otters!

After our walk, we wrapped the day with hot chocolate, treats, and a chance to relax and enjoy the company.

Thank you all for joining us and thank you to the Riverview Park & Zoo for hosting our event!

# Foundations in Interdisciplinary Aging Studies: CSAS 5000

The Foundations in Interdisciplinary Aging Studies course (CSAS 5000) has just wrapped up its sixth year as a course offered as part of the Collaborative Specialization in Aging Studies. Taught by TCAS Executive Member and Professor Emeritus, Dr. Stephen Katz, the course examines aging from a critical perspective. Read below to hear from Dr. Katz on his experience teaching the course.

**"Since its inception in 2017, the Collaborative Specialization in Aging Studies (CSAS) has blossomed into an exciting option for Trent graduate students. And what better way for a student to work simultaneously within their own program while earning a special and career-enhancing accreditation and becoming associated with Trent Centre for Aging & Society. I have had the pleasure of designing and teaching the core course, CSAS 5000H: Foundations in Interdisciplinary Aging Studies for the past six years, a tremendously rewarding experience involving students from every background and field of study. The course introduces students not only to the research that contributes to aging studies, but also the critical approaches in the social sciences, humanities, cultural studies, feminist research, disability and posthuman perspectives that expand it, while tackling issues of age-based inequality, long-term care, the COVID epidemic, aging embodiments, demographic change, intergenerational relations and anti-ageist advocacy. The course also has welcomed wonderful guest speakers, professional workshops and field trips. The students have responded with deeply thoughtful and creative projects and assignments that leave me with the great joy of watching their emerging scholarship inspire their journeys as graduate students. I still keep in touch with many of the students, who have taken me at my word that the course is a collaborative portal that opens onto many other opportunities and a perpetual resource for support and discovery." -Dr. Stephen Katz**

Beginning September 2023, CSAS 5000 will become AGNG 5000, the core course for the new M.A. Interdisciplinary Aging Studies (and will remain foundational to the Aging Specialization)!



Students in the Winter 2023 CSAS 5000 Course with guest speaker Laura Tamblyn Watts



# Aging & Society Seminar Series

Communications support for these events is provided by the TCAS KM Hub



On Feb 14th, Dr. Bharati Sethi presented on issues relating to immigration, aging, and caregiving. Dr. Sethi provided a select summary of past research and projects, along with an overview of a current study relating to aging well and social supports among older immigrants.

Watch the seminar recording [here!](#)

**“Given Personal Support Workers’ critical role in caring for the aging population, it was encouraging to see academics, researchers, students, and community partners’ interest in the CRC-focused topic.”**  
- Dr. Bharati Sethi

On March 22nd, TCAS celebrated the launch of a new book co-edited by TCAS members Dr. Mark Skinner, Dr. Rachel Herron and Dr. Rachel Bar. The co-editors were joined on a panel by Dr. Stephen Katz and Trent alumni An Kosurko who discussed the creative collaboration behind the book project and its impact on early career aging researchers and the field of interdisciplinary aging studies.

Watch the seminar recording [here!](#)

**"It was a joy to connect with the TCAS community where it all began and talk about this project and our learnings from it."**

**-Dr. Rachel Bar**





# Community Connections:

# Vivian Heinmiller

By: Dr. Elizabeth Russell, TCAS Director & Dr. Liana Brown, TCAS Executive Committee Member

Vivian Heinmiller, a well-known retired teacher in the Peterborough area, was a long-time key organizer of what has been lovingly known as the Great Gilmour Street Garage Sale, a neighbourhood fundraiser for residents' cause-of-choice. The Heinmillers have used their front lawn to raise funds for the University Women's Club, the Mother of Twins Club, and then Parkinson Canada after Vivian's beloved husband Bill was diagnosed in the late 1990s. The Garage Sale has grown exponentially into a much-anticipated community event in downtown Peterborough

that signals, for many deal hunters especially, the unofficial start of summer.

*Vivian is a long-time Organizer of the Great Gilmour Street Garage Sale*

However, leading this important fundraiser is only one of the many community activities that Vivian has been involved with over the years. In addition to being an attentive and caring wife, mother, and grandmother, Vivian was the president of the Peterborough chapter of Parkinson Canada for many years and has a long history of organizing their annual SuperWalk fundraiser. Today, Vivian is very actively involved in the Peterborough chapter of the Canadian Federation of University Women, an organization that supports the education and rights of women worldwide through fundraising and advocacy.



Vivian speaking to students at the 2022 TCAS Intergenerational Coffee Hour

We spoke to Vivian and Bill in May of 2022 at the Gilmour Street Garage Sale, and she let us know that one winter – and only one – they travelled to join their friends in Florida – but decided never again; there is too much to do for their community here in Peterborough!

We are excited to celebrate the decades of time, energy, and commitment that Vivian has given and continues to give to her family and local community.



Vivian and Bill Heinmiller, pictured on their front lawn at the 2022 Garage Sale, on Bill's 80th Birthday.

Street Sale  
in KawarthaNOW

Parkinson Canada Super Walk

Canadian Federation of University  
Women

# Community Connections: Steve Russell

By Jordan Till  
TCAS Graduate Associate Member  
Knowledge Mobilization Hub

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Peterborough resident and TCAS Member Stephen Russell has been working hard to bring local history to light using modern technology and education. Having retired to Buckhorn, Steve is no stranger to the area, and being one of three brothers, all engineers, he comes from a family of problem solvers and critical thinkers.

Steve's career has brought him around the world. With 'Team Canada', he's been contracted in Quebec, Mexico, the Caribbean, Europe, and Africa, and his projects have varied as well – from tracking dairy milk production, weather satellite trajectories, and workplace safety models, to armoured car production, and healthcare modelling and design. With his work came a personal

penchant for technology, which Steve has continued to utilize and explore both for personal interests, and by giving back to his community.

When asked about his hobbies, Steve mentions studying history, exploring community, and healthy living. Following a previous lead from his father, Steve discovered that his grandfather was involved with designing and building the Hunter Street (Ashburnham) bridge here in Peterborough, along with several other landmark bridges and buildings in the GTA. Taking the steps to uncover and explore that story has led him to tracing his genealogy and family history and has further motivated his desire to make local history more accessible to



the community through the use of various technologies and resources.

*"History is very important. We have to learn from our history."*

One such project was recently completed with the Trent Valley Archives and funding from a Trillium grant, to digitize local newspapers – The Examiner – going back to 1875. Another was the creation of an official half-hour video documentary about the building of the Hunter Street Bridge, which has since been

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featured on local news networks, and is now being used as a presentation for public schools as part of a larger initiative to share local history with youth.

*"People love local history"*

Steve has been very driven to support technological development and use on a grander scale. One ongoing project has been in pairing high school students with older community members to help and support technological literacy. He has also recently been involved with software and 'app' development, by



Hunter Street Bridge circa 1922.

Peterborough Museum and archives 2000-012-001505-1

financially backing new initiatives which are helping to combat another research passion of his – climate change.

It was immediately obvious how dedicated Steve is to helping others and his community and the stories of his work were inspiring. In his free time, Steve told me he takes an active interest in his physical and mental health – playing squash, tennis, lawn bowling, and golf. He loves walking his dog, and despite his many projects, he makes sure to prioritize time with his wife and family.

Thank you, Steve, for the coffee and the chat!

-Jordan Till



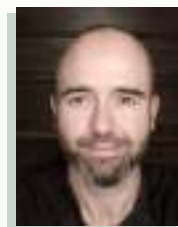
### *Links*

**Hunter Street Bridge Documentary**

**Random Acts of Green  
For Our Grandchildren**

**Trent Knowledge Mobilization Hub**

### **About the Author:**



Jordan Till is a second-year master's student in the psychology department at Trent University. Over the

Summer of 2022, he was hired to work for the TCAS Knowledge Mobilization Hub to help and further facilitate community connections and information accessibility. Through this position, Jordan was able to meet many exceptional community members who were actively challenging ageist stereotypes.

We hope you enjoy this series!



# TCAS Member Updates

TCAS is pleased to welcome one new member: **Mary Rita Holland** (Research Associate Member).

TCAS fellow member **Dr. Nicole Dalmer** and colleagues published "*I felt there was a big chunk taken out of my life": COVID-19 and older adults' library-based magazine leisure reading* in Leisure Studies.

TCAS coordinator **Amber Zapletal** spoke in TCAS Director Elizabeth Russell's research methods course on how her Trent experience led her to a career as a professional Trent-based researcher.



TCAS fellow member **Dr. Janna Klostermann** and her colleague published "*More than a visitor? Rethinking metaphors for family care in long-term care homes* in Ageing & Society.

TCAS was a proud sponsor of the ReFrame Film Festival!

TCAS fellow member **Dr. Albert Banerjee** published two new reports: 1) *Improving care in practice: Learning from the seniors' advocate's inquiry into the death of a New Brunswick nursing home resident*, and 2) *Connector programs as a promising means of addressing social isolation and loneliness among older adults: A review of the evidence.*

TCAS fellow member **Dr. Suzanne Cook** hosted a workshop on Navigating Ageism in Economic Uncertainty.

TCAS Director **Dr. Elizabeth Russell** helped organize the M.Sc Psychology "Grad Walk-n-Talk" event.

TCAS executive member **Dr. Bharati Sethi** travelled to Portugal to present at the World Conference on Qualitative Research.



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# TCAS Member Updates

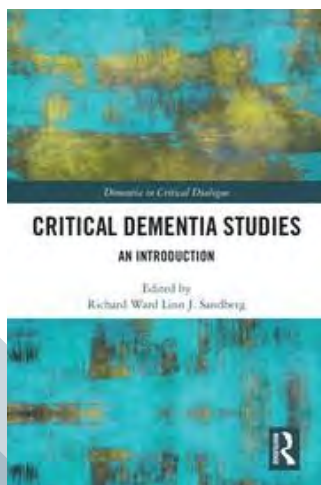
TCAS executive member **Dr. Sally Chivers'** podcast *Wrinkle Radio* was featured in a [Trent Daily News Story](#).

TCAS Director **Dr. Elizabeth Russell** was featured as a [2022 Trent Luminary](#) for her research on understanding and reducing ageism.

TCAS graduate associate member **Heidi Burns** gave a talk for Lakefield Probus titled "Manoomin (Wild Rice) and Aging Wellness in Michi Saagiig Territory."

TCAS members **Dr. Rachel Herron, Dr. Rachel Bar, and Dr. Mark Skinner** were featured in a [Trent Daily News Story](#) on their art-based aging research project.

TCAS fellow member **Dr. Linn Sandberg** co-edited [Critical Dementia Studies: An Introduction](#).



**Dr. Mark Skinner** was [interviewed by the Peterborough Examiner](#) to discuss his co-edited book *Dance, Ageing, and Collaborative Arts-Based Research*.



TCAS members **Dr. Mary Jean Hande** and **Dr. Bharati Sethi** were [awarded an SSHRC Partnership Engage Grant](#) for their research on disability and migrant justice in home care.

TCAS members **Dr. Laura Poulin, Amber Zapletal** and **Dr. Mark Skinner** published [Lost in transition? Community residential facility staff and stakeholder perspectives on previously incarcerated older adults' transitions into long-term care](#) in *BMC Geriatrics*.

TCAS executive member **Dr. Nadine Changfoot** spoke about her project "Critical Wikipedia Creation" and her experiences as Trent Teaching Fellow in a [new video](#).

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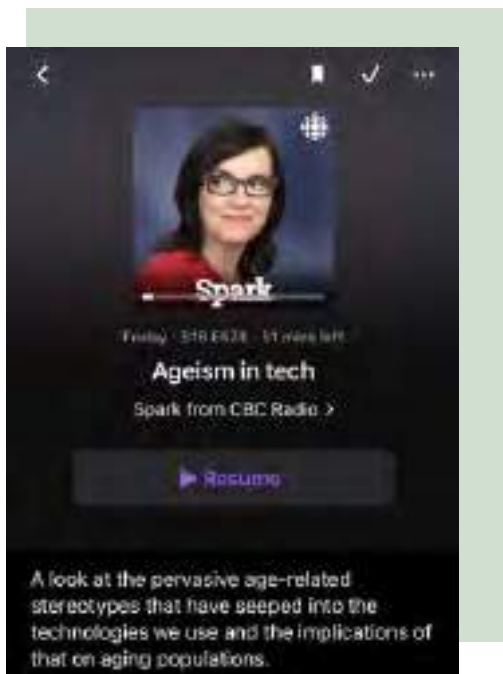
# TCAS Member Updates

TCAS executive member **Dr. Stephen Katz** published *The Jewish soulful aging of Jacques Élie Derrida* in the Journal of Religion, Spirituality & Aging.

TCAS sponsored the 2023 IG Wealth Management's Walk for Alzheimer's for another year. This year's team captain was TCAS Graduate member **Adebayo Makanju**.

TCAS Members **Dr. Albert Banerjee, Dr. Janna Klostermann, and Dr. Jim Struthers** have contributing chapters in *Care Homes in a Turbulent Era*, a book co-edited by Pat Armstrong and Susan Braedley.

TCAS fellow member **Dr. Nicole Dalmer** was interviewed on [CBC Spark](#) about ageism in tech.



TCAS fellow member **Dr. Kristi Allain** and her colleague published a podcast episode *Old Lessons for Young Hockey Players*.

TCAS executive member **Dr. Stephen Katz** and colleague published a book chapter in a co-edited book by TCAS fellow member **Dr. Linn Sandberg's** book *Critical Dementia Studies: An Introduction*.

TCAS members **Amber Zapletal, Dr. Elizabeth Russell, and Dr. Mark Skinner** along with their colleague published *On the triple exclusion of older adults during COVID-19: Technology, digital literacy and social isolation* in Social Sciences & Humanities Open.



TCAS fellow member **Dr. Kristi Allain** and her colleague published *"She's twice their age": Representation of aging and the creation of age order in women's gymnastics* in Communication & Sport.

TCAS community associate member **Dr. Jenny Ingram** will receive an honorary degree at the 2023 Trent Convocation on June 12th at 2 pm.



# CHALLENGE THE WAY YOU THINK



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